

Gluco Support

Nutritional Support for Healthy
Blood Sugar Levels*

Gluco Support Supplementation

NutriDyn's Gluco Support is a potent formula made with bioactive forms of chromium and vanadium to support healthy blood sugar, lipid levels, and energy production from carbohydrates.*

Read on to learn more about how Gluco Support works to support carbohydrate utilization and the cardiovascular system.*^{1,2}

Given the nature of both chromium and vanadium as biological trace minerals, supplementation can assist users in a multitude of ways.* These evidence-based benefits may include:

- Supports healthy blood sugar balance*
- Supports healthy blood lipid levels*
- Supports healthy appetite*

How Gluco Support Works

Chromium is a biological trace mineral that appears to support carbohydrate metabolism, healthy serotonin levels, and serum cortisol levels, which are all beneficial when seeking proper energy production and appetite regulation.*

Many dietary supplements rely on subpar forms of chromium, such as chromium chloride. Gluco Support contains chromium polynicotinate, as this form is highly bioavailable.*³ It is suggested that supplementation with chromium prior to consuming a carbohydrate-based meal may support healthy blood glucose levels.*^{4,5}

Moreover, vanadium has similar effects in the human body, acting to support healthy blood sugar and blood lipid levels.*^{6,7} It is suggested that vanadyl sulfate modifies proteins in skeletal muscle that are involved in insulin signaling, which in turn supports healthy blood sugar balance.*



Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 90

	Amount Per Serving	%DV*
Chromium (as chromium polynicotinate)	1 mg	2,857%
Vanadium (as vanadyl sulfate)	300 mcg	**

Other Ingredients: Microcrystalline cellulose, hypromellose, vegetable stearic acid, vegetable magnesium stearate.

Directions: Adults take one capsule daily as a dietary supplement or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

References:

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3. Anderson, R. A. (1997). Chromium as an essential nutrient for humans. *Regulatory toxicology and pharmacology*, 26(1), S35-S41.
4. Althuis MD, Jordan NE, Ludington EA, Wittes JT. (2002). Glucose and insulin responses to dietary chromium supplements: a meta-analysis. *Am J Clin Nutr*. 76:148-55.
5. Lee, N. A., & Reasner, C. A. (1994). Beneficial effect of chromium supplementation on serum triglyceride levels in NIDDM. *Diabetes Care*, 17(12),1449-1452.
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7. Goldfine, A. B., Patti, M. E., Zuberi, L., Goldstein, B. J., LeBlanc, R., Landaker, E. J., ... & Kahn, C. R. (2000). Metabolic effects of vanadyl sulfate in humans with non-insulin-dependent diabetes mellitus: In vivo and in vitro studies. *Metabolism*, 49(3), 400-410.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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